



Heidi Fox Lange

The news of our show being delayed didn't come as a big surprise to me because of all the abrupt changes happening in society at this time. To be honest, I can't say I felt too disappointed; I trust that this was meant to be all along. The world needs our work to be adapted by Dyana to express what humanity is currently experiencing. And I am so excited to see her impactful work this Friday!

I realize now how I value the creation process equally as much as the performance, if not more. Having to suddenly stop the creation process is what disappoints me, however not taking this show to the stage in May is no biggie. While we give up our weekend evenings for long and tiring rehearsals that leave the body sore and stiff, I miss rehearsals so dang much!

I miss leaning on each other and breathing together, experimenting with weird movements, and mostly...the laughter.