



Christina Plaschka

When I first found out that the show had to be canceled (or 'paused, which is an easier idea to wrap my head around) I was not surprised. With everything that had happened over that past week in the news around the world, it made perfect sense that the show could not go on as we had originally planned. I was obviously sad, but I knew it was the right thing for the company to do at the time.

The full reality of it had not hit me yet. It wasn't until the weekends started to pass by one by one that I fully realized that I would not be back in the studio for a long time. I miss creating, exploring, and laughing with the wonderful ladies of Broken Rhythms, and I feel a deep void where dance rehearsals and classes used to be.

In many ways, this time of crisis and uncertainty highlights how important the arts are in connecting a community. The power of the arts to help and heal has never been more apparent. People everywhere are turning to the arts through movies, music, books, and online classes in search of solace to fill the void. Without the arts, this horrible experience would be even more unbearable. This thought leaves me hopeful that the community has and will continue to support the arts during this time to collectively lift each other up and pay it forward during this weird, physically distant period.